

## **Barningham Village Hall Regular Activities**

As activities can be cancelled by organisers for holiday or sickness reasons, you may wish to ring to check availability before your first visit.

**Carpet Bowls Club** – Mondays 7.30pm - 9.30pm

New members always welcome. Contact: Jackie Mortiboy 01359 220134

**Art & Craft Group** – 2nd Monday of the month 10.30am – 12.30pm

New members always welcome. Contact: Lindsay Sams 01359 221661

**Pilates Class** – Tuesdays 9.30am – 10.30am Booking is Essential.

Contact: Emma Richardson 07475194502, email: emma\_atkins@yahoo.co.uk

**Tai Chi** – Tuesdays 11.00am – 1.00pm. Suitable for all ages.

Contact: Bren Francis 07814780288, email: brenfrancis21@gmail.com

**Whist Drive** – Tuesdays 7.30pm - 9.30pm

New players always welcome. Contact: Mr P McLuckie 01953 887743

**Knit and Stitch Group** – Alternate Wednesday afternoons 2pm - 4pm.

Self help group open to all from beginners to experts. Contact: Brenda Last 01359 221307

**Social Club** – Alternate Wednesday afternoons between 2pm - 4pm

Open to all ages, no membership required. Contact: Mike Millett 01359 221204

**Parish Council** – 1<sup>st</sup> Wednesday of the month 7.00pm

The general public are welcome to attend. Contact: Parish Clerk, Vicki Gay 01379 898733

**Yoga** – Wednesday (except 1<sup>st</sup> Wed of month) 6.30 – 7.30

Contact [www.soulessenceyoga.co.uk](http://www.soulessenceyoga.co.uk)

**Coffee Morning** – Thursday 10.30 – 12.30 All welcome – cash only

**B-Active fit club** – Staying Steady. Friday 11.00am - 12 noon

Contact: Ali Metcalfe 07787128030

**The Hall is available for hire on an ad hoc basis.**

Current hire charges are shown on the outside noticeboard, lobby board, our facebook page and website. <http://www.onesuffolk.co.uk/BarninghamPC/VillageHall/> Prices include 30 minutes setting up & clearing away time free of charge. Heating is extra via a £1/£2 coin meter but use of the kitchen & its facilities are included in the hire rate.

To arrange bookings please contact Carol Weaver on 01359 221654